



Westlake Academy
Lunch Menu - March 2010

	MON	TUE	WED	THU	FRI
Mar 1 - Mar 5	Roasted Turkey, Mashed Potatoes, Corn & Fruit Salad 1 A La Carte: Veggie Rice	Cheese Quesadilla, Baby Carrots with Ranch Dip & Fruit Salad 2 A La Carte: Taqitos	Pesto Pasta & Grilled Chicken, Peaches 3 A La Carte: Mozzarella	Chicken Hibachi Rice, Steamed Broccoli & Fruit Salad 4 A La Carte: Baked Potatoes	Cheese or Pepperoni Pizza & Pineapple Chunks 5 A La Carte: Taqitos
Mar 8 - Mar 12	Rosemary Baked Chicken, Creamy Mashed Potatoes & Fruit Salad 8 A La Carte: Fresh Fruit Salad	Creamy Alfredo Pasta, Steamed Broccoli & Carrots, Mandarin oranges 9 A La Carte: Veggie Rice	Hamburger with Lettuce and Tomatoes, Baked Potato Sticks & Fruit Salad 10 A La Carte: Baked Potatoes	Aldente' Pasta with Meat balls, Green beans & Peaches 11 A La Carte: Taqitos	Oriental Chicken and Broccoli, Steam Rice & Mandarin oranges 12 A La Carte: Mozzarella
Mar 15-Mar 19	15 School Closed	16 School Closed	17 School Closed	18 School Closed	19 School Closed
Mar 22-Mar 26	Beef and Bean Burrito & Peaches 22 A La Carte: Egg Rolls	Italian Grilled Chicken Breast, Roasted Potatoes & Fruit Salad 23 A La Carte: Veggie Rice	Creamy Alfredo Pasta, Steamed Broccoli & Carrots, Mandarin oranges 24 A La Carte: Baked Potatoes	Cheese Enchilladas, Pinto Beans, Rice & Pineapple Chunks 25 A La Carte: Taqitos	26 Student Council Day
Mar 29-Mar 31	Hamburger with Lettuce and Tomatoes, Baked Potato Sticks & Fruit Salad 29 A La Carte: Baked Potatoes	Chicken Soft Tacos, Pinto Beans & Mandarin Oranges 30 A La Carte: Taqitos	Roast Beef, Creamy Mashed Potatoes & Fruit Salad 31 A La Carte: Mozzarella		

**Please check your online lunch accounts regularly, call Victual at 817-485-7755 if you have any questions. Victual offers other items not listed on this menu including 2 vegetable selections daily, baked fish for \$1 additional, salads, beverages, and food items. Please discuss the benefits of a well balanced meal with your children and review the menu offerings within your online account regularly.