

2009-10 Westlake Academy Lunch Menu

MON

TUE

WED

THU

FRI

Oct01 - Oct 02				Cheese Pizza -or- Pepperoni Pizza Cookie/Apple caramel Milk or Bottled Water	1	School early out	2			
A la Carte selections				Baked Potato w/ Fixings						
Oct05 - Oct 09	Student/Staff holiday	5 Beef burrito Tossed Salad Fresh Fruit Milk or Bottled Water	6	Grilled Ham & Cheese Baked Fries Tossed Salad apple caramel Milk or Bottled Water	7	Chicken Alfredo Italian Salad Italian Bread cookie Milk or Bottled Water	8	Chicken Taquitos Spanish Rice Refried Beans Brownie Milk or Bottled Water	9	
A la Carte selections		Small Chef Salad		Mozzarella Sticks & Marinara		Baked Potato w/ Fixings		Cheese Quesadilla		
Oct012 - Oct 16	Cheese Pizza -or- Pepperoni Pizza Cookie Milk or Bottled Water	12	Roasted Turkey Mashed Potatoes Green Beans Fresh Fruit Milk or Bottled Water	13	Cheese Ravioli's Romain salad Italian Bread Apple caramel Milk or Bottled Water	14	Hamburgers Baked Fries Fresh Fruit Milk or Bottled Water	15	Orange Chicken Steamed Rice Veggie Roll Cookie Milk or Bottled Water	16
A la Carte selections	Baked Potato w/ Fixings	Cheese Nachos		Oriental veggie rice		Mozzarella Sticks & Marinara		Small Chef Salad		
Oct019 - Oct 23	Beef Nachos Spanish Rice Refried Beans Flan Milk or Bottled Water	19	Buttered Pasta Green Beans Italian Bread Fruit Salad Milk or Bottled Water	20	Chicken Quesadilla Refried Beans Tossed Salad Flan Milk or Bottled Water	21	Baked Chicken Roasted Vegetables Tossed Salad Fresh Fruit Milk or Bottled Water	22	Spaghetti w/ Meat Sauce Italian Salad Italian Bread Fruit Salad Milk or Bottled Water	23
A la Carte selections	Small Chef Salad	Mozzarella Sticks & Marinara		Cheese Nachos		Chicken Taquitos		Cheese Nachos		
Oct026 - Oct 30	Chicken Alfredo Italian Salad Italian Bread Fresh Fruit Milk or Bottled Water	26	Hamburgers Baked Fries Fresh Fruit Milk or Bottled Water	27	Italian Sub Baked chips Vanilla Pudding Milk or Bottled Water	28	chicken Soft Tacos Spanish Rice Refried Beans Fresh Fruit Milk or Bottled Water	29	Student Council Day	30
A la Carte selections	Baked Potato w/ Fixings	Cheese Nachos		Baked Potato w/ Fixings		Small Chef Salad				

